

# NCA 4-DAY FOUNDATION/ADVANCED MASTERCLASS WITH DR. SLATE BURRIS SAN SEBASTIAN

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THIS 4-DAY COURSE CONSISTS OF 2 SECTIONS: THE FOUNDATION (May 23-24) AND THE ADVANCED (May 25-26).



We found an awesome host city for the Masterclass this year! San Sebastian, nestled in the heart of Spain's Basque Country, is a gastronomic delight. This coastal gem, often referred to as Donostia in Basque, is a treasure trove of culture, cuisine, and natural beauty. With its charming Old Town, lush green parks, picturesque beaches, and its unparalleled culinary scene Donostia is the perfect place to spend a few days while perfecting your NCA skills!

PREREQUISITE FOR THE FOUNDATION SECTION: Completion of the NCA Online Foundation Course

PREREQUISITE FOR THE ADVANCED SECTION: Completion of both the NCA Online Advanced Course AND the Foundation Masterclass

This is because some of the material in the Advanced Masterclass builds on material from both of these courses. THUS IF SOMEONE WOULD LIKE TO TAKE THE ADVANCED MASTERCLASS AND HAS NOT YET TAKEN THE FOUNDATION MASTERCLASS THEY WOULD NEED TO TAKE THE FULL 4-DAY COURSE.

#### THE VENUE

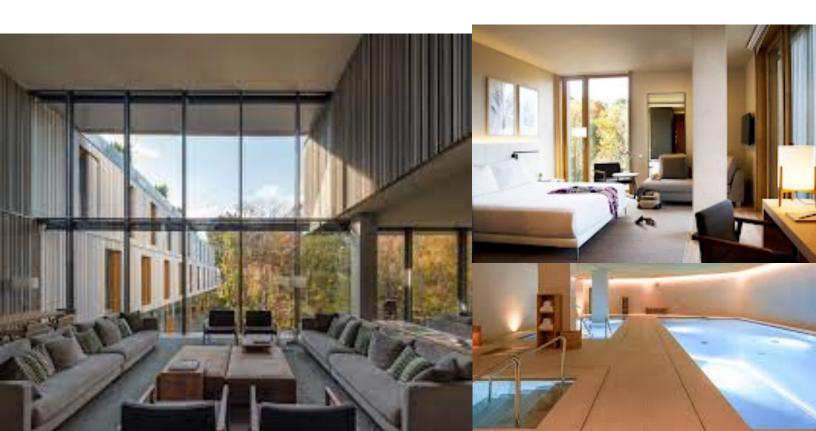
The venue for the Masterclass will be: HOTEL ARIMA & SPA P.º de Miramón, 162, 20014 Donostia-San Sebastian, Gipuzkoa, Spain https://arimahotel.com/



From center take bus line 17 or 28. Leave every 5-10 minutes. 12-15 minute trip. Or 10 minute taxi ride. <u>Trip Options to Hotel from San Sebastian</u>

For those interested in staying at the site of the Masterclass there are two wonderful options (highly recommended). We will be listing accommodation options in descending order price:

1. Thanks to fellow NCA Colleague, native to San Sebastián, we have an unbelievable discount at our venue, of the Small Luxury Hotels of the World. At the Hotel Arima & Spa (a brief 12 minute bus ride from the center of San Sebastian) we have a preferred rate of 155€ per night. The price includes taxes and amazing buffet breakfast. Normal online rate with breakfast is 250€; so if you want to take advantage of a luxurious ambience at a descent price this is our recommendation. For those wishing to share a twin room, the price is 175€ (88€ per person) breakfast included. To take advantage of this offer, please contact the hotel directly and mention that you are with the 'Grupo Acupuntura Neoclásico.' Email: info@arimahotel.com or Phone: 34 943 56 91 36



2. For those desiring a more modestly priced option, at the same hotel complex as the venue there is a budget option at Numad Studios. We also have a block of rooms here at a special rate of 100€ with breakfast. To take advantage of this offer, please contact the hotel directly and mention that you are with the 'Grupo Acupuntura Neoclásico.' Email: info@arimahotel.com or Phone: 34 943 56 91 36. Please specify you would like to reserve at Numad Studios. At present rooms can also be found on the Expedia App (website more expensive) for around 85€ a night (lodging only and subject to change).



3. For those who wish to stay in town there are a variety of options that can be found on popular websites. Quality ranges from 8-bed shared-room hostels to some of the most luxury accommodations in all of Spain. There are also several nearby options on Airbnb. For those interested in renting an apartment and sharing we will starting the Masterclass WhatsApp group early (Spanish and English groups), so that participants who wish to apartment (or room) share can organize with their colleagues.

Here are just as couple of examples of nearby Airbnb options which can be shared between several participants or solo:

- 3 Bedroom Apt- Near Bus Stop
- 1 Bedroom 2 beds
- 3 Bedroom Apt.
- 3 bedroom 2 bath

#### **GETTING THERE: IMPORTANT INFO**

Apart from its beauty and renown as the culinary capital of Spain. We have picked San Sebastián as the venue because of its ease of arrival and reasonably priced international tickets.

# FOR MANY THE LEAST EXPENSIVE AIRPORT FOR ARRIVAL WILL BE BILBAO (BIO), WITH A SHORT, HOUR BUS RIDE TO THE CENTER OF SAN SEBASTIÁN (15-20€) (BUSES LEAVING EVERY HOUR).

Sample flight prices at time of writing (leaving Wednesday/returning Monday):

Paris-Bilbao-Paris: 112€ (Vueling)

Copenhagen-Bilbao-Copenhagen: 154€ (Lufthansa)

London-Bilbao-London: 81€ (Vueling) Berlin-Bilbao-Berlin: 187€ (Lufthansa)

There are also flights into San Sebastián airport (20 minutes from San Sebastián center). Those these flights tend to be a bit more expensive for those flying from other European countries.

For the most complete list of available flights to both airports we recommend to consult <u>kayak.com</u>.

# SPECIAL OFFER: FOR FULL 4-DAY MASTERCLASS 890 USD (IF PAID PRIOR TO MAY 1, 2024)

**Dates:** May 23-26

**Time:** 9:00 am- 2:00 pm Regular Price: 1020 USD

Early Price (with deposit prior to May 1, 2023): 890 USD

Payment link: **HERE** 



#### PARTIAL COURSE OPTIONS

IN-PERSON FOUNDATION MASTERCLASS

**Dates:** May 23-24

**Time:** 9:00 am- 2:00 pm

650 USD Regular

585 USD Early-Bird Special (with total paid prior to May 1, 2024)

Payment link: <u>HERE</u>



IN-PERSON ADVANCED MASTERCLASS (only for those who have successfully completed the NCA Advanced Course and Foundation Masterclass)

**Dates:** May 25-26

**Time:** 9:00 am- 2:00 pm

695 USD Regular

595 USD Early-Bird Special (prior to May 1, 2024)

Payment link: **HERE** 

## NCA 4-DAY MASTERCLASS OVERVIEW

The goal of this 4-Day Masterclass is to support each participant in the mastery of diagnostic and treatment presented in the NCA Foundation and Advanced Courses to obtain maximum clinical results. This will be achieved via three main methods: 1) Venue will serve as a 'clinical theater' where participants cane observe treatments close-up, while having the opportunity to clear up any doubts via Q&A. 2) Participants will treat outside (non-participant) patients under the supervision of Dr. Burris, receiving feedback on those treatments. 3) Participants will receive treatment so that they can experience first hand the techniques to be mastered.

Below is a general outline of the Masterclass. Timing and material may vary slightly according to cases presented



# NCA MASTERCLASS OUTLINE

PART I: FOUNDATION MATERIAL with some Extras!

**Thursday, June 29 9:00am-2:00pm** 9:00am- 10:45am

The first part of the day will be dedicated to treatment of participants by Dr. Burris. As patient, each participant will have the opportunity to experience firsthand the palpatory pressure that Dr. Burris uses as well as experience for themselves treatment effects. At the same time treatments serve as demonstrations where participants can observe at close range a variety of techniques (treatment/diagnostic/needling) used by Dr. Burris to achieve maximum effect. Participants are free to ask for clarification any aspects of these treatments they may deem helpful. Participants may be asked also to assist in both diagnosis and treatment. These treatments will serve to reinforce material from the Foundation Course as well as provide an avenue to new material as each case may require.

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#### 10:45-11:30

**Extra-tip:** How to activate fingers for no-pressure, no-needle treatments. Continuation of treatments.

#### 11:30am-12:00 am Break

#### 12:00pm-2:00pm

Participants will treat non-participant patients with a variety of symptomatic and constitutional problems in small groups. Dr. Burris will supervise diagnostic and treatment aspects, while providing feedback in order to assist the participant in perfecting the Neoclassical system. There will be a round of patients each hour for two hours.

# Friday 9:00am-2:00pm

9:00am- 10:45 am The first half of the day will be a continuation of participant treatments within a 'clinical theater' setting with simultaneous Q&A.

10:45-11:30 **Extra-tip:** Getting around the obstcales. How to diagnose the element even when obstacles are obscuring the situation. Continuation of treatments.

11:30am-12:00 am Break

# 12:00pm-2:00pm

Participants will treat non-participant patients with a variety of symptomatic and constitutional problems in small groups. Dr. Burris will supervise diagnostic and treatment aspects, while providing feedback in order to assist the participant in perfecting the Neoclassical system. There will be a round of patients each hour for two hours.



# NCA MASTERCLASS OUTLINE

PART II: ADVANCED MATERIAL with some Extras!

## Saturday 9:00am-2:00pm

9:00am- 10:45am

The first part of the day will be dedicated to treatment of participants by Dr. Burris. As patient, each participant will have the opportunity to experience firsthand the palpatory pressure that Dr. Burris uses as well as experience for themselves treatment effects. At the same time treatments serve as demonstrations where participants can observe at close range a variety of techniques (treatment/diagnostic/needling) used by Dr. Burris to achieve maximum effect. Participants are free to ask for clarification any aspects of these treatments they may deem helpful. Participants may be asked also to assist in both diagnosis and treatment. These treatments will serve to reinforce material from the Advanced Course as well as provide an avenue to new material as each case may require. Dr. Burris will be using both branch and elemental background systems in the treatments.

10:45am-11:30am

**Extra Tip:** Taking the light touch method we learned in Foundation Masterclass a step further and taking it off body. Continuation of treatments.

11:30am-12:00 Break

### 12:00pm-2:00pm

Participants will treat non-participant patients with a variety of symptomatic and constitutional problems in small groups. Dr. Burris will supervise diagnostic and treatment aspects, while providing feedback in order to assist the participant in perfecting the Neoclassical system.

## **Sunday 9:00am-2:00pm**

9:00am- 10:45am

The first part of the day will be dedicated to treat ment of participants by Dr. Burris. As patient, each participant will have the opportunity to experience firsthand the palpatory pressure that Dr. Burris uses as well as experience for themselves treatment effects. At the same time treatments serve as demonstrations where participants can observe at close range a variety to techniques (treatment/diagnostic/needling) used by Dr. Burris to achieve maximum effect. Participants are free to ask for clarification any aspects of these treatments they may deem helpful. Participants may be asked also to assist in both diagnosis and treatment. These treatments will serve to reinforce material from the Advanced Course as well as provide an avenue to new material as each case may require. Dr. Burris will be using both branch and elemental background systems in the treatments.

#### 10:45am-11:30am

**Extra Tip:** Setting up off body chain-reactions. We will be combining the 'getting around the elements' we saw in Foundation Masterclass with taking the light touch off-body in order to achieve this. Continuation of treatments.

#### 11:30am-12:00 Break

## 12:00pm-2:00pm

Participants will treat non-participant patients with a variety of symptomatic and constitutional problems in small groups. Dr. Burris will supervise diagnostic and treatment aspects, while providing feedback in order to assist the participant in perfecting the Neoclassical system.

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