



8-DAY
NCA ADVANCED COURSE 2026
ONE NEEDLE TECHNIQUE

NCA ADVANCED ONLINE COURSE INFORMATION

The NCA Advanced Course propels practitioners toward the long-sought goal of the true one-needle treatment — a single insertion capable of balancing the element, clearing all Obstacles, releasing all organ alarms, opening every meridian, and resolving symptoms without prior knowledge of what those symptoms are. Through hands-on demonstrations, real-time palpation feedback, and a deeper exploration of elemental dynamics, participants learn to treat the root of dysfunction with clarity, speed, and consistency. The Advanced Level is the gateway to true mastery—unlocking profound clinical results that generally surpass anything achievable with traditional multi-needle approaches.

And great news! I've worked closely with Igor to develop a new format that allows participants to engage with the 32 hours of course material at their own pace, complemented by 10 additional hours of live online clinical demonstrations and Q&A sessions. These live sessions are thoughtfully spaced out over a longer period, which has proven highly beneficial given the complexity of the material.

We will be delivering the main corpus of the Advanced Course via video with two 4-hour special live/online clinical days. During these sessions, I'll work with a variety of patients to provide in-depth demonstrations and allow generous time for your questions.

In addition, there will be a 2-hour follow-up Q&A session after the course concludes. This format gives you ample time to absorb the material beforehand, making the Q&A more focused and valuable. Altogether, you'll receive

10 extra hours of content, with more opportunities to observe clinical work in action.

The videos of the first half of the course will be available:
April 7-April 20

Followed by:
4-hour Clinical/Q&A session on April 19, 7pm to 11pm GMT.

The videos for the second half will be available:
April 21 to May 7

Followed by:
4-hour live Clinical/Q&A session on May 3, 7pm to 11pm (London)
Participants will also have access to the recordings of each of the Clinical/Q&A sessions for 2 weeks.

In addition, a special **2-hour live Q&A session** will be held **Monday, May 18, 2026, 8pm to 10pm (LONDON).**

This new format stretches out the learning process, which may have been a bit too intensive with the earlier structure, with extra time to assimilate the material. The extra demonstrations and more time to resolve doubts will also be invaluable. See you in February!

Regards!
Slate

COST: 1490 Regular Price: [HERE](#)
\$1290 Early-Bird Special (If deposit paid prior to March. 17, 2026)
\$350 Deposit Payment [HERE](#)
Remaining \$940 can be made [HERE](#)

DATES:

First Half of Advanced Course:

Instruction via recording available **April 7-April 20**

Live Clinical/Q&A session on **April 19**, 7pm to 11pm GMT (London)

Second Half of Advanced Course:

Instruction via recording available **April 21 to May 7**

Live Clinical/Q&A session on **May 3**, 7pm to 11pm GMT (London)

Post Course:

Live Clinical/Q&A session on **Monday, May 18, 2026** 8pm to 10pm GMT (London)

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COURSE OVERVIEW

The **goal of the advanced course** is to take the practitioner to a *one needle treatment*.

This is not to be confused with a one needle treatment for alleviation of mere symptoms.

Here a one needle treatment implies being able to balance the *element*, remove all *Obstacles*, release all *organ alarms*, open all *meridians*, and remove all *symptoms* with one needle without knowing the symptoms beforehand. This has been the holy grail of acupuncture

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and finally there is a technique whereby the practitioner can achieve this once unreachable goal.

In order to get there, a more complete paradigm is needed. In this course we will be expanding the previous Neoclassical paradigm to the point where the path to a one needle treatment becomes possible.

There are two visible paths toward a one needle treatment. The *first* is via the *Yuan* points, the *second* is via the *Transport* points. The first weekend of the course is dedicated to the first path (Yuan points), though, because of its complexity, we will also begin the journey of the second way as well. Here the student will learn how to *balance the element*, which is the first domino of treatment, *with one needle*. Participants will be able to balance elements with one needle without the need for checking front or back alarms. Once the element of predominance has been diagnosed there will no longer be any need to check for elemental details by checking relevant alarms. This is a major step toward the one needle treatment.

As participants are well aware, not all patients will present an elemental imbalance. A different approach, which will be covered in the second 4-day session of the Advanced Course, will be necessary for these cases. Because of the complexity involved in the above mentioned approach, in the first session we begin the task of obtaining the necessary tools needed to begin putting this alternative method into practice. We begin investigating an algorithm to predict several meridians opened with each transport point. Though our new diagnostic and treatment approaches will not involve meridians, this information will be of great help in mastering them.

As mentioned above, a second system will be introduced oriented toward the ‘way of the transport points.’ With our new algorithms

we will learn a new palpatory technique which takes into account the limbs and well as the torso. For the treatment we will put everything that we know about meridians to work to influence a new level we have not seen before. This will take some rather complex analysis of clinical data, finding patterns, and transforming all of this into digestible algorithms capable of concurrently removing several levels without having to count on the domino effect. It's like simultaneously throwing all the dominoes with multiple hands.

In the second 4-day session course we will be combining all of the knowledge accrued in previous days to finally see the way to a one needle treatment, regardless of the situation. Whether or not an element is present, the practitioner should be able to remove all levels of imbalance with only one needle. This will push the results obtained from Neoclassical Acupuncture to an entirely new level.

As one needle, correctly placed, generally has a much better effect on symptomatic levels than several needles to achieve the same constitutional treatment, the mastering of the one needle technique is vital if one wants to achieve optimal results.

Day 1

Inversions with Yuan Points- Part 1

In this module we will explore how to open a particular set of front or back alarms via any of the 4 limbs which the practitioner may choose. This not only gives the practitioner more freedom in



his or her treatment, but also takes us on the first steps toward to a deeper paradigm.

Day 2

Inversions with Yuan points Part II:

In this module we discover that each Yuan point opens not one bilateral pair of front or back alarms but rather 4 pairs of front and 4 pairs of back alarms. This will lead us to some stunning implications which, when put to use in the clinic, allow us to treat a majority of elemental imbalances with only one needle, regardless of the number of relevant organ alarms affected.

Moreover, it will allow us to do this without need of gaining details of the elemental imbalance via front and back organ alarms. Yet, two elements will still elude us. So further expansion of the Yuan paradigm will be necessary on Day 3.

Deepening the Meridians Part 1

In our first encounter with Energetic Engineering we concentrated on Yin-Spring and Jing-River points. This deeper look at Energetic Engineering will introduce us to a schematic which shows how to predict the effect of Jing- well, Shu- stream, and He- Sea points on any two meridians with a simple algorithm on which the participant can use without need of forming graphs. We will also take time to show proper point location for these groups of points.

Day 3

Inversions with Yuan points Part III:

In this module arrive at some strange conclusions when continuing to deepen the Yuan inversions. We now see that each Yuan point opens half (six) of the front alarm bilaterally, and half (six) back alarms bilaterally. This will finally show give us a method of removing any of this six elements with just one needle, without the need of diagnosing any front or back alarms.

Deepening the Meridians Part II

In this section we will learn to open 4 meridians with any one needle. Here we will see that it is possible to predict the opening of 2 meridians on each side of the body. For example, earlier we learned that ST and BL can be opened with SP Earth. We will see that this is not the end of the the story.

Day 4

Deepening the Meridians Part III

In this section we will learn that in actuality there was never a way to open only 4 meridians with each needle. We are actually opening a minimum of 8. We will see that each of the transport points opens 2 ‘arm meridians’ on each side of the body as well as 2 ‘leg meridians’ on each side, for a total of 8. Here we continue forming our graphs which allow us to see vast impact that each needle has on the

meridian level. This is related to the beginning of the second path toward a one needle treatment- ‘the way of the transport points.’

Analysis of Meridinal Patterns

Because of the enormous amount of data involved in predicting the opening of 8 meridians we will need to look for patterns in an attempt to simplify this information into a digestible form.

Advanced Second Session

The second session of the Advanced course is dedicated to pursuing ‘the second way’ toward a one needle treatment- the transport points. Part I of the Advanced course began preparing us for this approach indirectly by deepening our understanding of the effect of one needle upon the meridians. On the final day of Part I we expanded this understanding to the point where we are able to predict the effects of one needle upon 8 meridians. This information will be vital for putting into practice the novel treatment approach which will be taught in this section of the course.



Here we will be learning a new palpatory technique based on entities which seem to be neither meridians, organ, element, nor obstacle. Yet, there is a connection between these new reflexes and all of the above mentioned systems. Here we begin wandering into new territory which goes beyond the previous elemental paradigm.

We will also be deepening our understanding of how to remove several levels without having to count on the domino effect to achieve a multi-level treatment.

In order to achieve this we will need to expand the our map of known effects of the Yuan points, thus opening us up to a new world of possibilities when working on the elemental level. One weakness of the elemental approach was that, though the element could be balanced with one needle, Obstacles often remained, which obviously required more needles. To address this weakness, a new approach (Backgrounding) has been devised which generally manages to remove all obstacles along with the elemental imbalance with just one needle.

In this section of the course we will be deepening our knowledge of not only Yuan but also non-Yuan points by examining point groupings. These are groups of points which obtain a similar effect. This opens up the field and gives the practitioner not only more freedom in point selection, but allow him or her to address multiple issues with the same point.

We will also be looking at a new mapping of the body, which allows us to break down the barriers between Yuan and other Transport points (or even non-transport points for that matter). With our new knowledge we will be able to explore exciting questions such as: Is there any thing truly special about the eraser, extra-ordinary meridian control points, or for that matter any other of the points we have used to treat the obstacles. Do they have twins throughout the body? If so, how do we find them?

The goal of this course to both better understand the body's energetic structure, and with this new knowledge in hand, drastically improve clinical results.



Day 5

The 12 Earthly Branches: A New Palpatory System

Today we will be learning a new palpatory approach which utilizes the entire body rather than just the torso. This allows for a much more detailed diagnosis. It would seem that the detail of this diagnosis only would take us further from the possibility of a one needle treatment as, in theory, treatment variants increase proportionally to diagnostic variants. This is where the work we began in the first session of the advanced course comes in to play. Here we will be putting the analytic work we did on Day 1, so that multiple variants can be subsumed within a powerful point.

The key to this new approach is a novel palpatory technique we which takes into account the limbs and well as the torso. What we are searching for appears to be neither meridians, organ, obstacle, nor element. This puts us within the territory of a whole new paradigm not mentioned in the Chinese classics. For the treatment we will put everything that we know about meridians to work to influence a new level we have not seen before.

Day 6

In order to give a boost to our branch treatments will be looking at the different meridian groups which exist. Here we obtain the capacity of picking just the right point to take out branch combinations. We will also work on expanding the limits of our point groupings. In order to broaden the energetic landscape revealed by our map, we need to return to the Extra-Ordinary meridians and the extraordinary relationships which exist between these seemingly isolated lay lines of the body. The information we acquire today will turn out to be extremely useful when combined with the information in the final days.



Day 7

Today we will be making a return to the Elements. Here we will examine the ever broadening horizon of effects of the Yuan points which bring about some rather strange but clinically verified conclusions. We will also be taking a look at the patterns by which these ever broadening effects are explained.

Day 8

Today we will continue addressing treatments on an elemental level. Previously, when addressing an elemental imbalance, we have limited ourselves to addressing the element which lays in the foreground. Today we will literally deepen our perspective by also taking note of

information which appears in the background. Whether or not we take the background into effect we already have the capacity to balance the element with one needle. While we have seen that there are many to go about achieving this, through ‘backgrounding,’ we now have a way to choose the best option thereby assuring optimal results (i.e. resolution of Obstacles, Alarms, and symptoms).

Through our explorations today many of our preconceptions about acupuncture will be turned on their heads. We will be combining information gathered in the previous days to address a pressing question: Is there any thing truly special about the eraser, extra-ordinary meridian control points, or for that matter any other of the points we have used to treat the obstacles. Can these same effects be obtained via Yuan points? And perhaps more importantly, can the effect of Yuan points be obtained by regular transport points? The secret to resolving this mystery will be the point groupings. By answering these questions and more, we are able to more finely hone our capacity to give truly exceptional treatments.

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